

Question. Persuade. Refer.

*Three steps anyone can learn
to help prevent suicide.*



FREE QPR TRAINING

**JUST LIKE CPR, QPR IS AN
EMERGENCY RESPONSE
TO SOMEONE IN CRISIS
AND CAN SAVE LIVES.**

The QPR mission is to reduce suicidal behaviors and save lives by providing innovative, practical and proven suicide prevention training. The signs of crisis are all around us. We believe that quality education empowers all people, regardless of their background, to make a positive difference in the life of someone they know.

Date: January 31, 2022

Time: 1-3pm (MST)

Location: Virtual

**This training is intended for
ages 18 and older.**

Please register by January 27, 2022 for this training by emailing Lindsey Dunbar at dunbar@pueblounty.us.

After registering, you will receive a confirmation email containing a link to join the training.



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