



Beginning
In
January
2022

Pueblo SRDA Dementia Caregiver Support Group - Bilingual English/Spanish

Presented by the Alzheimer's Association

In Partnership with

**Pueblo Senior Resource
Development Agency**

Beginning in January 2022

2nd & 4th Wednesday

1:00-2:00 p.m.



Pueblo Senior Resource Development Agency (SRDA)

230 N Union Ave

Pueblo CO 81003

Registration Required.

Masks & Social Distancing Required

Call 800.272.3900 or email Kelly Hare at khare@alz.org for assistance.

Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.