## Profile EAP Webinar for October 2025





**How to Provide and Receive Constructive Criticism** 

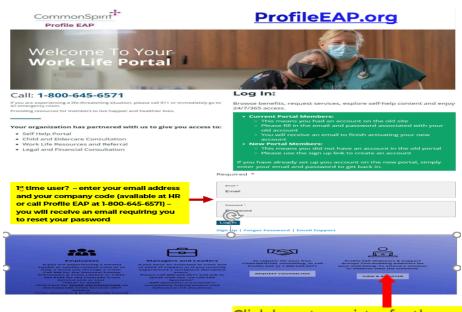
October 16, 2025
Presented by Pam Cook, MA, LPC, NCC

12:00 - 12:30 PM

Learn how providing and receiving constructive criticism in the workplace helps with both personal and team growth. When approached thoughtfully, constructive criticism can foster growth, improve performance, and strengthen workplace relationships. Skills in this webinar will cover how to be objective and specific, determine the best time for feedback, reflect on feedback provided and take action.

## Helping employees balance, work, family, and life......

EAP can also help with a spectrum of daily living issues related to childcare, elder care, family, financial and legal concerns, education, housing and much more. The EAP is there to help you with the issues that matter to you and your family.



For more information or to schedule an appointment call Profile EAP at 1-800-645-6571

Click here to register for the webinar- no company code needed to register