

Profile EAP Webinar for October 2025



How to Provide and Receive Constructive Criticism

October 16, 2025

12:00 – 12:30 PM

Presented by Pam Cook, MA, LPC, NCC

Learn how providing and receiving constructive criticism in the workplace helps with both personal and team growth. When approached thoughtfully, constructive criticism can foster growth, improve performance, and strengthen workplace relationships. Skills in this webinar will cover how to be objective and specific, determine the best time for feedback, reflect on feedback provided and take action.

Helping employees balance, work, family, and life.....

EAP can also help with a spectrum of daily living issues related to childcare, elder care, family, financial and legal concerns, education, housing and much more. The EAP is there to help you with the issues that matter to you and your family.

The screenshot shows the ProfileEAP.org website. At the top, it says 'CommonSpirit Profile EAP' and 'ProfileEAP.org'. Below this is a banner with the text 'Welcome To Your Work Life Portal' and a photo of a healthcare worker. To the left of the banner, it says 'Call: 1-800-645-6571' and 'If you are experiencing a life-threatening situation, please call 911 or immediately go to an emergency room. Providing resources for members to live happier and healthier lives.' Below this, it lists 'Your organization has partnered with us to give you access to:' followed by a list: 'Self Help Portal', 'Child and ElderCare Consultation', 'Work Life Resources and Referral', and 'Legal and Financial Consultation'. To the right of the banner, there is a 'Log In:' section with a 'Browse benefits, request services, explore self-help content and enjoy 24/7/365 access.' Below this, there are two sections: 'Current Portal Members:' and 'New Portal Members:'. The 'Current Portal Members:' section lists: 'This means you had an account on the old site', 'Please fill in the email and password associated with your old account', and 'You will receive an email to finish activating your new account'. The 'New Portal Members:' section lists: 'This means you did not have an account in the old portal' and 'Please use the sign up link to create an account'. Below these sections, it says 'If you have already set up your account on the new portal, simply enter your email and password to get back in.' Below the login section, there is a 'Required' section with a 'Email' field and a 'Password' field. Below these fields, there is a 'Login' button. To the left of the login button, there is a yellow box with the text: '1st time user? - enter your email address and your company code (available at HR or call Profile EAP at 1-800-645-6571) - you will receive an email requiring you to reset your password'. Below the login section, there is a 'Sign Up' link. Below the sign up link, there is a 'Forgot Password' link and an 'Email Support' link. Below these links, there is a blue banner with four sections: 'Employees', 'Managers and Leaders', 'To register for our free, confidential Employee Assistance Program (EAP) services, please click here to register for the EAP.', and 'Profile EAP Webinars & Support'. The 'Employees' section says: 'If you are experiencing a mental health issue, please contact your manager or HR to request a confidential consultation. Please call 1-800-645-6571 for more information. Please click here to register for the EAP.' The 'Managers and Leaders' section says: 'If you have an employee in your care and are looking for a confidential consultation, please call 1-800-645-6571 for more information. Please click here to register for the EAP.' The 'To register for our free, confidential Employee Assistance Program (EAP) services, please click here to register for the EAP.' section has a 'REQUEST COUNSELING' button. The 'Profile EAP Webinars & Support' section has a 'VIEW & REGISTER' button. A red arrow points from the yellow box to the 'Sign Up' link, and another red arrow points from the bottom yellow box to the 'VIEW & REGISTER' button.

For more information or to schedule an appointment call Profile EAP at 1-800-645-6571

Click here to register for the webinar- no company code needed to register