



Your Military Section

# Military Partner Resources

Being a military partner often involves uncertainty as you navigate family stability and personal goals. We have resources to help balance these demands to help preserve resiliency and adaptability.

## Access Essential Resources and Tips to Help You.

- Curated Quicklinks: resources for career success, continuing education, and personal development
- Insightful articles, resources, and assessments tailored to your unique lifestyle and experiences
- Tailored podcast series 'Strength in Every Season' with a focus on self-care, relationships, and managing difficult times

All of this is accessible through the [ProfileEAP.org](https://ProfileEAP.org) website in partnership with LifeExpert. Create your personal account or log in with your company code (available at your HR Department or call Profile EAP at **800-645-6571**). You will find the site under the Career & Professional tab at the top of the page.