

Profile EAP Webinar for August 2025



Self-Awareness and How it Can Help with Suicide Prevention
Wednesday, August 13th 12:00 - 12:30PM

Presented by Ashley Manson, MA, LPC, BCC

Increasing self-awareness is crucial for understanding one's emotions, thoughts, and behaviors, which can significantly contribute to mental health and suicide prevention. This webinar will talk about recognizing early warning signs, building emotional skills, fostering connection and resources.

Helping employees balance, work, family, and life.....

EAP can also help with a spectrum of daily living issues related to childcare, elder care, family, financial and legal concerns, education, housing and much more. The EAP is there to help you with the issues that matter to you and your family.

The screenshot shows the ProfileEAP.org website. At the top, it says 'CommonSpirit+ Profile EAP' and 'ProfileEAP.org'. Below this is a banner with the text 'Welcome To Your Work Life Portal' and a photo of a healthcare worker. To the left, there is a call number '1-800-645-6571' and a list of services: Self Help Portal, Child and Elder Care Consultation, Work Life Resources and Referral, and Legal and Financial Consultation. In the center, there is a 'Log In:' section with fields for 'Email' and 'Password', and a 'Log In' button. Below the login fields, there is a 'Sign Up' link and a 'Forgot Password' link. To the right of the login fields, there is a 'Log In:' section with instructions for current and new portal members. At the bottom, there is a blue bar with icons for 'Employees', 'Managers and Leaders', and 'Request Counseling'. A red arrow points to the 'Request Counseling' button.

Call: 1-800-645-6571
If you are experiencing a life-threatening situation, please call 911 or immediately go to an emergency room.
Providing resources for members to live happier and healthier lives.

Your organization has partnered with us to give you access to:

- Self Help Portal
- Child and Elder Care Consultation
- Work Life Resources and Referral
- Legal and Financial Consultation

Log In:
Browse benefits, request services, explore self-help content and enjoy 24/7/365 access.

- **Current Portal Members:**
 - This means you had an account on the old site
 - Please fill in the email and password associated with your old account
 - You will receive an email to finish activating your new account
- **New Portal Members:**
 - This means you did not have an account in the old portal
 - Please use the sign up link to create an account

If you have already set up your account on the new portal, simply enter your email and password to get back in.

Required *

Email *

Password *

Log In

Sign Up | Forgot Password | Email Support

Employees
If you are an employee, you can access the Self Help Portal, Child and Elder Care Consultation, Work Life Resources and Referral, and Legal and Financial Consultation. To register for your free, confidential counseling, call Profile EAP at 1-800-645-6571.

Managers and Leaders
If you have an employee in your organization, you can access the Self Help Portal, Child and Elder Care Consultation, Work Life Resources and Referral, and Legal and Financial Consultation. To register for your free, confidential counseling, call Profile EAP at 1-800-645-6571.

Request Counseling

Profile EAP Webinar & Support
Register for our upcoming webinar, "Self-Awareness and How it Can Help with Suicide Prevention," on Wednesday, August 13th, 12:00 - 12:30 PM. To attend a webinar or register for the webinar, click here.

For more information or to schedule an appointment call Profile EAP at 1-800-645-6571

1st time user? – enter your email address and your company code (available at HR or call Profile EAP at 1-800-645-6571) – you will receive an email requiring you to reset your password

Click here to register for the webinar– no company code needed to register